

# September-2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 8:30a Geri-Fit 9:00a Geri-Fit 9:00a Int. Bridge 12:00p Poker 1:00p Scrabble 1:00p Stretch & Balance	2 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 9:00a Tech Time w/Mark 10:00a Spanish II 1:00p Movie	3 8:00a Aerobic Chair Exer. 9:00a Aerobic Chair Exer. 9:00a Inter. Bridge 10:30a Golf Cards 1:00p Chess 1:00p Dominoes
		6  8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Hooks & Needles 12:00p Mah Jongg 1:00p Movie	7 8:30a Geri-Fit 9:00a Geri-Fit 9:00a Int. Bridge 12:00p Poker 1:00p Scrabble 1:00p Stretch & Balance	8 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Spanish II 1:00p Movie
13 8:30a Geri-Fit 9:00a Geri-Fit 9:00a Ping Pong 10:30 Adv. Spanish 12:00p Ping Pong 12:00p Mah Jongg	14 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Hooks & Needles 10:00a Memoir Group 12:00p Mah Jongg 1:00p Movie	15 8:30a Geri-Fit 9:30a Geri-Fit 9:00a Int. Bridge 12:00p Poker 1:00p Scrabble 1:00p Stretch & Balance	16 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Spanish II 1:00p Movie	17 8:00a Aerobic Chair Exer. 9:30a Aerobic Chair Exer. 9:00a Inter. Bridge 10:30a Golf Cards 1:00p Chess 1:00p Dominoes
20 8:30a Geri-Fit 9:30a Geri-Fit 9:00a Ping Pong 10:30 Adv. Spanish 12:00p Ping Pong 12:00p Mah Jongg	21 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Hooks & Needles 12:00p Mah Jongg 1:00p Movie	22 8:30a Geri-Fit 9:30a Geri-Fit 9:00a Int. Bridge 12:00p Poker 1:00p Scrabble 1:00p Stretch & Balance	23 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Spanish II 1:00p Movie	24 8:00a Aerobic Chair Exer. 9:30a Aerobic Chair Exer. 9:00a Inter. Bridge 10:30a Golf Cards 1:00p Chess 1:00p Dominoes <b>OKTOBERFEST</b>
27 8:30a Geri-Fit 9:00a Geri-Fit 9:00a Ping Pong 10:00a Alzheimer's Support Group 10:30 Adv. Spanish 12:00p Ping Pong 12:00p Mah Jongg	28 8:00a Aerobic Chair Exer. 8:00a Peer Led Exerc. 10:00a Hooks & Needles 12:00p Mah Jongg 1:00p Movie	29 8:30a Geri-Fit 9:30a Geri-Fit 9:00a Int. Bridge 12:00p Poker & Scrabble 1:00p Stretch & Balance <b>Ballet Under the Stars at Fountain Park</b>	30 8:00a Chair Exercise 8:00a Peer Led Exerc. 10:00a Spanish II 1:00p Movie	