



SCFH HIKE SCHEDULE FALL 2018 THROUGH SPRING 2019

NOTE: 2-3 liters of water, snacks or lunch, sturdy shoes and poles recommended for all hikes.

DATE	TITLE	LEADER	MEETING PLACE	MILEAGE/DIFFICULTY	NOTES
NOV 16 FRI	SONORAN LOOP	BILL CRAIG	ADERO CANYON TRAILHEAD - 8:00 A.M.	Moderate, 5.5 miles, 1000 foot elevation gain (similar to Dixie Mine Trail)	A very scenic loop hike from preserve trailhead. Options to shorten distance.
NOV 24 SAT	WALK OFF THE TURKEY LOST DOG WASH TO ADERO CANYON TRAILHEAD	JIM GRAJEK PAM CISSIK	ADERO CANYON TRAILHEAD - 8:00 A.M. (shuttle to Lost Dog Trailhead required)	Moderate to Hard, 5.5 miles, 1450 elevation gain (harder than Dixie Mine)	A good workout -mostly uphill ending with a nice downhill
DEC 14 FRI	GOLDFIELDS - SAGUARO LAKE LOOP	PAM CISSIK	LIBRARY - 8:00 A.M. (CARPOOL) (TONTO DAY PASS OR SENIOR PASS REQUIRED) (Early afternoon return)	Moderate, 5.3 miles, 850 elevation gain (similar to Dixie Mine)	Beautiful views of Saguaro Lake & 4 Peaks, Petroglyphs, horses & swing over the water - fun hike!!
DEC 29 SAT	DESERT PLANTS	CAROL CARRIERE JUDY DRAGIEWICZ	LIBRARY 8:00 A.m. (CARPOOL TO FH Botanical Garden)	Easy walk	Learn the Sonoran Desert Plants and what they can be used for.
JAN 4 FRI	SUNRISE TO GOLDEN EAGLE EXERCISE HIKE	JIM GRAJEK	GOLDEN EAGLE - 8 A.M. (SHUTTLE TO SUNRISE) (For shorter option, hikers can arrange pickup at Adero Canyon Trailhead) (\$2.00 Park Fee)	Very Challenging, 9.5 miles, 2000 ft elevation gain.	A challenging start to the New Year. We will maintain an exercise pace.
JAN 12 SAT	DIXIE MINE	JAN JENSEN	DIXIE MINE TRAILHEAD 8:00 A.M. (\$2.00 Park Fee)	Moderate, 5.2 miles, 700 feet elevation gain	Hike to interesting mine and wall of petroglyphs in McDowell Mtn Park



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JAN 16 FRI	ARIZONA TRAIL - BUSHNELL TANKS TOWARDS 4 PEAKS	PAM CISSIK	LIBRARY 8:00 A.M. (carpool) (mid-afternoon return)	Moderate to Hard, 9 miles, 1000 ft elevation gain (similar to Dixie Mine twice but with less elevation)	We will hike a section of the 800 mile Arizona Trail heading east from Bushnell Tanks. Possible water crossings - bring sandals or boots you can get wet.
JAN 25 FRI	COTTONWOOD CREEK - 4PEAKS WILDERNESS	PAM CISSIK	LIBRARY 8:00 A.M. (carpool) (mid-afternoon return) Dirt Road into 4 Peaks area; high clearance vehicles needed	Moderate, 11 miles, 500 foot elevation gain (option to stop or turn back early)	We will follow a creek bed with dramatic canyon walls - perhaps to Saguaro Lake. Normally a dry creek bed, but wet weather could change!
FEB 2 Sat	EARLY PEOPLE	LEN MARCISZ	ADERO CANYON TRAILHEAD 8:00 A. M.	Easy to Moderate 3 to 5 miles	Leonard will talk on the Early People
FEB 6 WED	BROWN'S PEAK - SCOTTSDALE	PAM CISSIK	LIBRARY 8:00 A.M. (carpool - Brown's Ranch Trailhead) (early afternoon return)	Moderate, 6.2 miles, 1100 ft elevation gain (bit harder than Dixie Mine)	Climb to top of Brown's Peak is optional - but views are nice!
FEB 13	GEOLOGY	DAN GRUBER	ADERO CANYON TRAILHEAD 8:00 A.M.	Easy to Moderate. 3 to 4 miles	Interpretative hike in our preserve. Dan will explain the Geology of the McDowell Mountain



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FEB 27 WED	GO JOHN TRAIL - CAVE CREEK REGIONAL PARK	PAM CISSIK	LIBRARY 7:30 A.M. (carpool (early afternoon return)	Moderate, 5.4 miles, 1257 ft elevation gain (bit harder than Dixie Mine)	\$7.00 per car entry fee to park; great views and perhaps wildflowers!
MAR 6 WED	PHOTOGRAPHY HIKE	PAUL GARVEY PAUL STARK	ADERO CANYON TRAILHEAD 8:00 A.M.	EASY TO MODERATE	Bring your cameras. Learn how take the perfect picture in the Sonoran Desert
MAR 16 SAT	BIRDING HIKE	KATHE ANDERSON	ADERO CANYON TRAILHEAD - 7:30 A.M.	Easy	
MAR 20 WED	WILDFLOWER HIKE	CAROL CARRIERE	Library Parking lot - 8:00 A.M. (Carpool)	Easy 3-5 mile hike depending upon the trail selected	The exact site of the hike will be determined by where the best wildflower showings are this year.
MAR 29 FRI	SPANISH RUINS - PAYSON	PAM CISSIK	LIBRARY - 7:00 A.M. (Carpool to Payson - short drive on dirt road. High clearance preferred) Mid Afternoon return	Moderate to hard, 4 miles, 800 ft elevation gain on steep road and then climb on informal trail to reach ruins. Downhill on return!	No one is sure who built the rock corral on the edge of this cliff. Spectacular views. Grinding area evidence of native Americans.



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APR 6 SAT	DRAGON FLY	CAROL CARRIERE	Library Parking lot – 8:00 A.M. (Carpool to Cave Creek) Admission fee \$3.00 per person One hour drive each way	Approx. 5 miles. Mostly easy after an uphill trek at the beginning on the Spur Crossing Trail	This trail showcases the variety of the Sonoran Desert as it winds its way across it way across a saguaro-studded mesa and through an interesting riparian with cottonwood trees and willows. Great rock formations, petroglyphs among the rocks.

FOR ANSWERS TO QUESTIONS CONTACT CAROL AYRES SCFH 480-837-8290 OR QUAIL16440@GMAIL.COM